



Greater

Adult Guide

Week Two

Best Practices

Use these quick tips to help your teen have the best online retreat experience ever:

- ➡ Pray for your teen every day.
- ➡ Be enthusiastic!
- ➡ Carve out some dedicated time for your teen to be “on retreat”
- ➡ Check in with them daily.
- ➡ Ask questions. This helps them process the information and their thoughts and feelings.
- ➡ Encourage them to set up a dedicated prayer space.
- ➡ Give yourself and your teen the grace to fall and get back up.
- ➡ Attend Mass
- ➡ Go to Confession

Reminders

- ➡ YOU are doing a GREAT job!
- ➡ Your teen loves you and wants you to be part of their faith journey.
- ➡ This is not confirmation class. This is a virtual retreat experience to get to know Jesus better.
- ➡ You are welcome to join your teen for any and all of it, but are not required to be there.
- ➡ Don't forget the conversation starters! It's important for your teen to be able to talk about what he is experiencing, thinking, and feeling.
- ➡ Make this fun! Enjoy it together.

Week Two – Greater Power

This week answers the questions - who is the Holy Spirit? Where did He come from? What kind of power does He Have? The goal is to show your teen that the Holy Spirit is the same yesterday, today, and tomorrow.



Origin Story

Who is the Holy Spirit?

The Holy Spirit is the third person of the Trinity - always present, always faithful, always loving. He was not created, but always has been and always will be.

JOHNNY PHILP

Johnny Philp is a Catholic speaker and musician based out of Fort Worth, TX. He fell in love with the Church at a young age when both his parents worked for their parish. His devotion to the Catholic faith has allowed him to expand from his local parish and travel all over the country playing and speaking for the Church, intertwining humor, passion, and theological truth to bring people closer to Christ.



On Fire

The Holy Spirit moves through scripture and sets our hearts on fire to go out and spread the Gospel. In this video, we are told we are made for greatness and challenged to ask the Holy Spirit to move in big ways in our lives.

JIL MILLER

Jil Miller is the Youth Office Manager for the Diocese of Hamilton, New Zealand. She is a graduate of Franciscan University of Steubenville, Ohio with a degree in Theology and Catechetics. Jil is a friend of Jesus, wife of Rob, bacon enthusiast, and coffee addict. Her hobbies include breakfast, lunch, and dinner.



Alive and Active

We've met the Holy Spirit, throughout the Old and New Testaments. Now we'll see how He is alive and active in our lives today.

KATIE PREJEAN MCGRADY

Katie Prejean McGrady is an international speaker, educator, and author. Since 2007, Katie has been traveling throughout the U.S. and Canada sharing a unique blend of humor & storytelling, coupled with teaching theological truth, to engage audiences of all ages

Prayer Intentions

Take some time to talk about some prayer intentions for this week. In what ways do you hope God moves in your teen this week? In what ways does your teen hope God moves in him or her this week? What do you want to see God do in your family this week? Write those and anything else below.

Conversation Starters

Below are conversation starters for each session. They are designed to encourage deeper conversation with your teen and help them continue to process the information and apply it to their lives. Use these as a springboard. If you come up with your own questions, that's great too!

Session One

1. What was the first prayer you remember saying together as a family?
2. Who is the Holy Spirit to you?
3. What questions do you have about the Holy Spirit?
4. How do you want the Holy Spirit to move in your life?

Session Two

1. What do you think it was like to be an apostle at Pentecost?
2. What was something that you experienced and thought "Whoa, that was the Holy Spirit!"?
3. When has been a time in your life that you were so excited and you had to go tell people about it?

Session Three

1. How has the Holy Spirit made an impression on your life?
2. How do you think the Holy Spirit acts in normal, everyday lives?
3. When you hear the phrase "go make disciples of all nations", what does that mean to you?

Daily Prompts

Below are the daily prompts that your teen will reflect on during the week. You are invited to do any and all of them yourself. It would also be a good way to engage in deeper faith conversations with your teen.

Day Two

Litany to the Holy Spirit

Spirit of wisdom and understanding, have mercy on us.

What does it mean to have a spirit of wisdom and understanding? How do you see this in yourself?

Day Three

Litany to the Holy Spirit

Spirit of counsel and might, have mercy on us.

What does it mean to have a spirit of counsel and might? How do you see this in yourself?

Day Four

Litany to the Holy Spirit

Spirit of the knowledge and fear of the Lord, have mercy on us.

What does it mean to have a spirit of knowledge and fear of the Lord? How do you see this in yourself?

Day Five

Litany to the Holy Spirit

Spirit of love, have mercy on us. Spirit of joy, have mercy on us. Spirit of peace, have mercy on us.

What does it mean to have a spirit of love, joy, and peace? How do you see this in yourself?

Day Six

Litany to the Holy Spirit

Spirit of patience, kindness, and goodness, have mercy on us.

What does it mean to have a spirit of peace, kindness, and goodness? How do you see this in yourself?

Day Seven

Litany to the Holy Spirit

Spirit of faith, humility, and chastity, have mercy on us.

What does it mean to have a spirit of faith, humility, and chastity? How do you see this in yourself?

Reflect

This section is an opportunity for your personal reflection. Use the questions below to reflect, or write whatever else is on your heart. You do not need to share this with your teen, but you can if you want to.

- ➡ What misconceptions have you had about the Holy Spirit?
- ➡ What was your own Confirmation experience like?
- ➡ How do you see the Holy Spirit active in your life and your teen's life?